

Meeting

Food and You Wave 4

Food and You 2 - Wave 4

FSA's Analytics Unit recently published the results from Wave 4 of the FSA's flagship Food and You 2 survey, revealing [how we all eat today](#).

A total of 5,796 adults across England, Wales and Northern Ireland took part in Wave 4 between 18th October 2021 and 10th January 2022.

The Wave 4 survey covered the following topics:

- Confidence in food safety, authenticity and the food supply chain
- Concerns about food
- Food security
- Eating out and takeaways
- Food allergies, intolerances and other hypersensitivities
- Eating at home
- Food shopping: sustainability and environmental impact
- Sustainable diets, meat alternatives and genetic technologies

You can read the [full report](#) on [food.gov](#). The [data tables](#) are also available alongside the report.

Secretariat

October 2022