

Meeting

# Food and You Wave 4

## Food and You 2 - Wave 4

FSA's Analytics Unit recently published the results from Wave 4 of the FSA's flagship Food and You 2 survey, revealing [how we all eat today](#).

A total of 5,796 adults across England, Wales and Northern Ireland took part in Wave 4 between 18<sup>th</sup> October 2021 and 10<sup>th</sup> January 2022.

The Wave 4 survey covered the following topics:

- Confidence in food safety, authenticity and the food supply chain
- Concerns about food
- Food security
- Eating out and takeaways
- Food allergies, intolerances and other hypersensitivities
- Eating at home
- Food shopping: sustainability and environmental impact
- Sustainable diets, meat alternatives and genetic technologies

You can read the [full report](#) on [food.gov](#). The [data tables](#) are also available alongside the report.

**Secretariat**

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